



Gluten-Free

## SEAFOOD WITH AN ATTITUDE

Joe's Crab Shack has a great variety of items on our menu to enjoy while following your nutritional guidelines. The following menu items are delicious, popular and are not prepared with ingredients that contain gluten:

### STEAM POTS

**JOE'S CLASSIC STEAMPOTS** Steampot for 1: Served with Snow Crab, Dungeness Crab, 6 Peel n' Eat Shrimp, a (beef and pork) smoked sausage link, butter, corn and red parsley potatoes. Or, double the fun with a Steampot for 2: Served with Snow Crab, Dungeness Crab, 12 Peel n' Eat Shrimp, a (beef and pork) smoked sausage link, butter, corn and red parsley potatoes.

**BEAN TOWN BAKE** Served with TWO whole lobsters, 1 pound of clams, 6 Peel n' Eat Shrimp, a (beef and pork) smoked sausage link, butter, corn and red parsley potatoes.

**THE LONG ISLANDER** Served with 1 pound of mussels, 1 pound of clams, 12 Peel n' Eat Shrimp, a (beef and pork) smoked sausage link, butter, corn and red parsley potatoes.

**THE ORLEANS** Served with 1 pound of crawfish, 12 Peel n' Eat Shrimp, a SPICY (beef and pork) andouille sausage link, butter, corn and red parsley potatoes, all cooked in a delicious SPICY boil.

**THE CHESAPEAKE** Served with 1 pound of Rock Crab, 1 pound of clams, 6 Peel n' Eat Shrimp, a (beef and pork) smoked sausage link, butter, corn and red parsley potatoes, flavored all the way with Old Bay® Seasoning.

### BUCKETS OF FUN

**CRAB BUCKETS** Any of our crab dinners (Snow Crab Bucket, Dungeness Crab Bucket, King Crab Bucket, or Crab Daddy Feast) prepared plain Steamed or Garlic Herb style, served with butter, corn and red parsley potatoes.

**BUCKETS OF SHRIMP** 12 or 18 Peel n' Eat Shrimp boiled in a spicy boil, and tossed in Old Bay® Seasoning. Served COLD: with cocktail sauce. Served HOT: with lemons, onion and cocktail sauce. The cocktail sauce contains distilled vinegar, which may or may not be included in your dietary restrictions.

### GRILLIN'

**BLACKENED MAHI MAHI OR TILAPIA** Served with rice (be sure to ask for WHITE rice) and steamed broccoli.

**SUNSET SALMON** A half pound salmon filet, topped with pineapple Pico de Gallo, served with rice (be sure to ask for WHITE rice) and steamed broccoli. It is gluten-free if the glaze is NOT basted on the salmon.

**STEAK AND GRILLED SHRIMP** Served with rice (be sure to ask for WHITE rice) or red parsley potatoes and steamed broccoli.

**COBB SALAD** Your choice of chicken or shrimp, WITHOUT dressing.

**KEY WEST CHICKEN** A grilled chicken breast topped with lump crab meat and 2 grilled shrimp, served with rice (be sure to ask for WHITE rice) and steamed broccoli. It is gluten-free if the mango jalapeno sauce is NOT served with the product.